

**BREAKFAST IS AVAILABLE DAILY FOR GRADES K –12**

Cost: **1.35** Students / Free or .25 for Reduced Price Students Who Qualify

THE ELEMENTARY SCHOOLS SERVE BREAKFAST FROM 8:40 – 9:00 DAILY-

THE MIDDLE / HIGH SCHOOL CAFETERIA OPENS AT 7:30 – 7:53 FOR BREAKFAST EATERS ONLY Breakfast is served the 1<sup>st</sup> 15 min. of each cafeteria study hall in the MS/HS




**We follow the Offer vs. Serve Traditional Meal Pattern**

**We offer 4 breakfast components. You may decline 1 component. You need 3 components to qualify as a breakfast.**

**Think as each component as 1 point; 3-4.5 points=a full meal!**

**Items are available at ala carte pricing, but the meal is your best deal!**



Milk component May Choose 1	May choose 1 Fruit component	You may choose one of the following (these = 2 components)	<u>OR</u> You may choose 1 grain/bread component + 1 protein component You can decline 1 of these if you take milk and juice (or fruit)	
 <p>-Fat Free Milk- -1% Milk- -2% Milk- -1% Chocolate Milk-</p> 	<p>4 oz Chilled Juice OR 1 pc Fresh Fruit Or 4 oz Fruit cup</p>	<ul style="list-style-type: none"> <li>☛ 1 Bagel = 2 bread components</li> <li>☛ 6 French Toast Sticks=2 bread components + Syrup</li> <li>☛ A 8 Oz Yogurt =2 components</li> <li>☛ 2 Muffin Tops = 2 compnents</li> <li>☛ 1 Cake Doughnut = 2 bread components</li> <li>☛ 2 pkg of Goldfish Grahams = 2 bread components</li> <li>☛ A Fresh Baked Cinnamon Roll = 2 bread components</li> </ul> <p>Wednesday - Friday</p> <ul style="list-style-type: none"> <li>☛ Egg Patty &amp; sausage or ham on an English Muffin (available on Tuesday &amp; Thursdays)</li> </ul>	<ul style="list-style-type: none"> <li>☛ 1 English Muffin =1½ bread components</li> <li>☛ ½ Bagel = 1 bread component</li> <li>☛ 3 French Toast Sticks =1 bread component + Syrup</li> <li>☛ 1 Pkg. Pop Tarts=1 ½ bread components</li> <li>☛ 1 Bowl Of Cereal = 1 bread component</li> <li>☛ 1 pkg. Goldfish Grahams = 1 bread component</li> <li>☛ 1 Cereal bar= 1 bread component</li> </ul>	<ul style="list-style-type: none"> <li>☛ 1 breakfast sausage patty = 1 component</li> <li>☛ Peanut Butter Dip (2 tablespoons) Great for bagels OR English muffins!</li> <li>☛ Cheese Sticks/Cubes (1 oz)</li> </ul> <p><b><u>Cream Cheese, Pb Jelly and margarine are available for bagels &amp; English Muffins</u></b></p> 

Contact Donna Kurial at 751-9341 ext. 139 if you have questions regarding you child’s cafeteria account. We encourage parents to prepay for their child/children’s meals so they do not have to charge.

**CHARGING PRACTICES**

**Guidelines for students who need to charge a lunch or a breakfast are a follows:**

- ✓ Charging is a courtesy and should not be abused by students or parents.
- ✓ If the cafeteria service staff suspects that a student may be abusing this practice written notice will be provided to the parents that the students charging privilege will be revoked if the abuse continues.
- ✓ Parents/Guardians are responsible for finding means to feed their children. **Parents/Guardians who abuse the charging privilege and do not provide food for their child/children may be turned in to Social Services for investigation.**
- ✓ A student may charge a meal (Definition of a meal is a breakfast or lunch as listed on the menu).
- ✓ Students in grades K-8 will be allowed to charge up to 3 meals.
- ✓ High school students’ (grades 9-12) will be allowed to charge 1 meal.
- ✓ Charges should be paid promptly.
- ✓ Snack and ala carte’ items may not be charged.
- ✓ Once you **buy** a meal you may not charge a second one that day.
- ✓ Once you charge a breakfast or lunch meal you may not charge a second one of the same meal that day.
- ✓ Students who have maxed out their charging privilege and need to charge again will be offered a \*cheese sandwich (2 sl. of cheese + 2 pcs of bread and milk for lunch or 1 slice of cheese + 1 piece of toast and a small cup of juice at breakfast to carry them over. \*Students who are lactose intolerant with a medical excuse on file will be offered a different kind of sandwich at the cafeteria’s discretion.
- ✓ Reminder stamps, slips or phone calls will be used to notify parents that their child/children have charged.
- ✓ If you do not want your child to charge breakfast meals notify the cafeteria office at 751-9341 ext. 137 or 139 and we will flag your child’s account.



You may send a check payable to **WCS cafeteria.**